



Become American Red Cross Lifeguard Certified!

The last 100 yards may be mixture of front crawl or breaststroke, dive a depth of 7-10 feet, retrieve a 10 pound object and return it to the surface, and swim 20 yards back to the starting point, must be done with in 1 min and 40 seconds. Certification of First Aid, AED and CPR included in course.

CLASS

May 24, 25, 26, 28, 29,
June 1



✕ QUICK FACTS

What Lifeguard Training
Where Lehi Legacy Center Pool
Who Anyone 15yrs or Older
When May 24, 25 (5:00-9:00pm)
 May 26, 28 (3:00-7:00pm)
 May 29, June 1 (9:00am-5:00pm)
Fees..... \$150 (Books Included)

REGISTRATION

Class space is limited, sign up now!

Registration Office open Mon-Fri 8am-6pm or on-line @ www.lehi-ut.gov

INFORMATION

For more information contact Legacy front desk @ 801-768-7124